Study plan worksheet: NEET UG

Questions, marks and printed units come from NTA's Information Bulletin for NEET (UG) 2026 and the National Medical Commission's syllabus, checked on 23 October 2026. The exam body's current documents are the authority. A printed unit is a heading the syllabus prints; exam bodies print them at different sizes.

SUBJECT	QUESTIONS	MARKS	SHARE OF MARKS	PRINTED UNITS	SHARE OF UNITS	MINUTES PER UNIT (YOURS)	HOURS FOR ONE PASS	HOURS FOR ALL ROUNDS
Physics	45	180	25.0%	20	40.0%			
Chemistry	45	180	25.0%	20	40.0%			
Biology (Botany and Zoology)	90	360	50.0%	10	20.0%			
Total		**720**	**100%**	**50**	**100%**			

1. Hours for one pass = units × minutes per unit ÷ 60. Hours for all rounds = hours for one pass × your rounds.

Rounds I plan _____ **Study hours a week** _____ **Weeks until the exam** _____ **Buffer kept free (%)** _____

2. Hours I can use each week = hours a week × (100% minus the buffer) = _____

3. Weeks the plan needs = hours for all rounds (total) ÷ hours I can use each week = _____

4. Compare each subject's share of my hours with its share of the marks. Weeks the plan needs against weeks I have: _____

AspirantGoal